



# The Rite *Light*

— ANCIENT ACCEPTED SCOTTISH RITE OF FREEMASONRY, N.M.J., U.S.A.  
VALLEY OF ALBANY, N.Y.

Vol XIV

Autumn, 1992

No. 1



## FALL REUNION

October 17, 1992

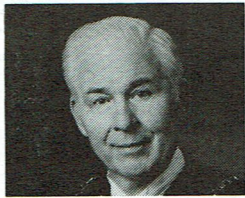
## GET THAT PETITION

**CANDIDATES ARE EVERYWHERE.  
JUST ASK.**

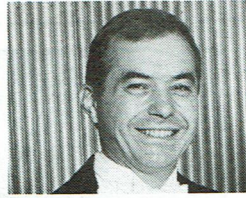


## Allegiance

The Bodies of the Scottish Rite sitting in the Valley of Albany, State of New York, acknowledge and yield Allegiance to the Supreme Council, 33° Ancient Accepted Scottish Rite of Freemasonry for the Northern Masonic Jurisdiction of the United States of America whose Grand East is in Lexington, Massachusetts and whose Officers are:



III: Francis G. Paul, 33°  
Sovereign Grand Commander



III: Richard H. Welkley, 33°  
Active for Area 4

III: Alfred E. Rice, 33°  
Grand Lieutenant Commander

III: John W. McNaughton, 33°  
Grand Minister of State

III: Carlton A. Winchester, 33°  
Deputy for the State of New York

III: Norman R. Buecker, 33°  
Grand Treasurer General

III: Philip L. Hall, 33°  
Grand Secretary General

### Active Members for New York

III: Bruce W. Widger, 33° [1983]

III: Harold F. Dates, 33° [1986]

III: Richard H. Welkley, 33° [1991]

### Active Emeriti Members

III: John H. Van Gorden, 33° [1974]

III: Raymond C. Ellis, 33° [1979]

III: Ralph M. Tompkins, 33° [1981]

III: Alfred M. Kramer, 33° [1982]

III: James F. Niehoff, 33° [1991]

The RITE LITE is published bimonthly except in July and August by Scottish Rite Bodies, Valley of Albany, 67 Corning Place, Albany, NY 12207. Richard G. Barrell, 33°, Editor, 869-0684; Ronald H. Noll, 32°, Associate Editor, 783-1898.



## Watch What You Say!

In the course of your conversation each  
and every day,

Think twice, try to be careful of what  
you have to say;

Your remarks may be picked up by  
someone's listening ear,

You may be surprised at what some  
people think they hear.

Things that you innocently say, or try to  
portray,

Can be changed, and greatly exaggerated  
along the way;

Many stories change for the worse as  
they are retold

So try to keep any questionable remarks  
"on hold."

May I give all of you some very sound  
advice?

When you speak of others, say  
something nice;

Try to say good things, regardless of  
who is around,

If you have nothing good to say, don't  
utter a sound.

You may find that an innocent remark,  
in the end,

May lose you a close and valued friend.

—Henry Lesser

## Help Us Replace Our Costumes

### Send Your Contribution Today

To: Richard G. Barrell, Secretary  
AASR, Valley of Albany  
Masonic Temple  
67 Corning Place  
Albany, NY 12207

Make checks payable to "AASR, Valley of Albany" and note "Costume Replacement" in lower left corner of check.

## A Powerful Engine

Enthusiasm is one of the most powerful engines of success. When you do a thing, do it with all your might. Put your whole soul into it. Stamp it with your own personality. Be active, be energetic, be enthusiastic and faithful, and you will accomplish your object. Nothing great was ever achieved without enthusiasm.

—Ralph Waldo Emerson



## Abbott Scholarships Awarded

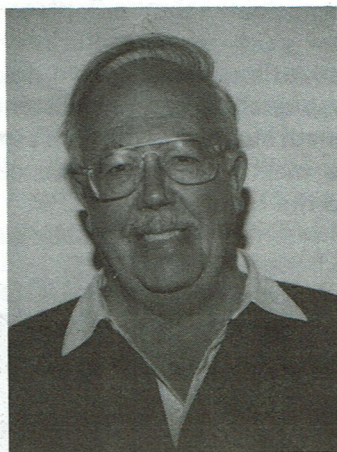
At its meeting in Lake Placid NY in June, the Council of Deliberation awarded scholarships to Tanya A Miszko of Accord NY; April R Pauley of LeRoy MI; and Deborah A VanDerVolgen of Colonie NY.

Tanya is the daughter of Michael and Susan Miszko. She plans on attending Springfield College in Springfield MA and pursue a career as an orthopedic doctor.

April is the daughter of Thomas and Helen Pauley. She will be entering Ferris State University in Big Rapids MI and she is pursuing a medical career.

Deborah is the daughter of Richard and Barbara Barrell. She is attending Maria College of Albany NY and is vying for a career as an occupational therapy assistant.

The Rite Light applauds these ambitious young students and wishes them success in their endeavors.



## A Look At Our New Sovereign Prince

At our Annual meeting in May, Frank L. Mehm was elected to lead the Grand Council of the Princes of Jerusalem as its Sovereign Prince for the ensuing year. Frank was born in Kingston NY on August 22, 1928. He is married to the former Frances Schumann and they have two children - George and Frank. Our Sovereign Prince attended Kingston public schools, Siena College and State University at New Paltz. Frank worked in the family business for fifteen years and then, after 25 years with the Big V Corporation, retired in 1989.

He is a Past Master of Wadsworth Lodge No 417; an affiliate member of Guttenberg Lodge No 737; Past President of Wadsworth Fellowcraft Club; Past President of the Old 17th Past Masters Association; Treasurer of the Masonic Hall Association in Albany; member of the Capital District Masonic Association; The Grotto; Cyprus Temple Shrine; Capital District Clown Unit; the Night Owls; and Valley of Albany Scottish Rite. Frank also belongs to the Colonie Elks; the German-American Club; and is a former member of the Knights of Columbus. The first meeting of the Council will be held on Thursday, October 1st. The program will be a slide presentation on the South Mall. Ladies are welcome.

**T**he American worker is ever practical, it seems. Even the September date for the 110-year-old holiday set aside to honor "the genius of American industry" was chosen because the weather would usually be fair and the date could break up the long dearth of holidays between July 4 and Thanksgiving.

The first parade to celebrate the American laborer—in New York on September 5, 1882, organized by carpenter and union leader Peter J. Maguire—was a resounding success. Slogans such as "Labor creates all wealth" fueled interest in the dignity of labor. Popularity of the holiday grew among the states, and within a dozen years Labor's Day was designated by an Act of Congress.

U.S. workers continue to be in the limelight, because the labor force remains the practical heart of American business. Banners unfurled for 1992's Labor Day parades are likely to call attention to the resurgence of pride in "Made in the U.S.A."

■ As the nation's economy reaches out to world markets, employment opportunities grow. American products and services are rapidly expanding east and west into countries that are grappling with their newly won freedoms.

■ Emerging technologies in computers, energy, resource management, and

## TIP OF THE MONTH

**Check your fiscal responsibility at work.** Ask this question periodically: "If this were my money instead of the organization's, would I spend it this way?" This question can be applied to everything from expense accounts to new equipment.



Don't play scarecrow - Bring in those petitions. You'll be glad you did.

**"Labor is one of the great elements of society—the great substantial interest on which we all stand."**

**—Daniel Webster**





## Thrice Potent Master Congratulations

Congratulations Douglas C Hays, on being elected Thrice Potent Master of the Ineffable and Sublime Grand Lodge of Perfection for the ensuing year.

Doug was born in Albany NY on July 13, 1947. He attended the Albany and Colonie public schools, graduating from Colonie Central High School in June of 1965. Doug graduated from the Junior College of Albany in May 1967. He graduated from the State University of New York at Albany in January of 1970 with a BA degree. He also graduated from the same institution with a Master's Degree in May 1976. Since working part time beginning in July 1965, he has been steadily employed with the Latham Water District since October of 1972. Doug is a Republican Committeeman in Colonie and is an active member of the Colonie Mens Republican Club. He is an active member of the Colonie Planning Committee and also belongs to the Colonie Elks.

His Masonic career began when he joined Wadsworth Lodge No 417 on February 22, '78. He served as its Master in 1984. Doug then became a member of the Valley of Albany, Scottish Rite on April 25, 1981. He served as Sovereign Prince of the Grand Council of Princes of Jerusalem in the year 1987/88.

Brother Hays is also a member of the Cast in Cyprus Shrine. He is a member of the Past Masters Association of the Old Seventeenth Masonic District. He also is a life member of the Capital District Masonic Association.

Unfortunately, by the time this issue of the Rite Light reaches you, the first meeting of the Lodge will have taken place on Thursday, September 3. Doug's

program for the evening was inspired by two tragic deaths that took place in the past few years where a life may have been saved had there been a neighbor who was qualified to administer CPR.

Kenneth Moore was the guest speaker at this meeting in which he demonstrated the techniques of CPR.

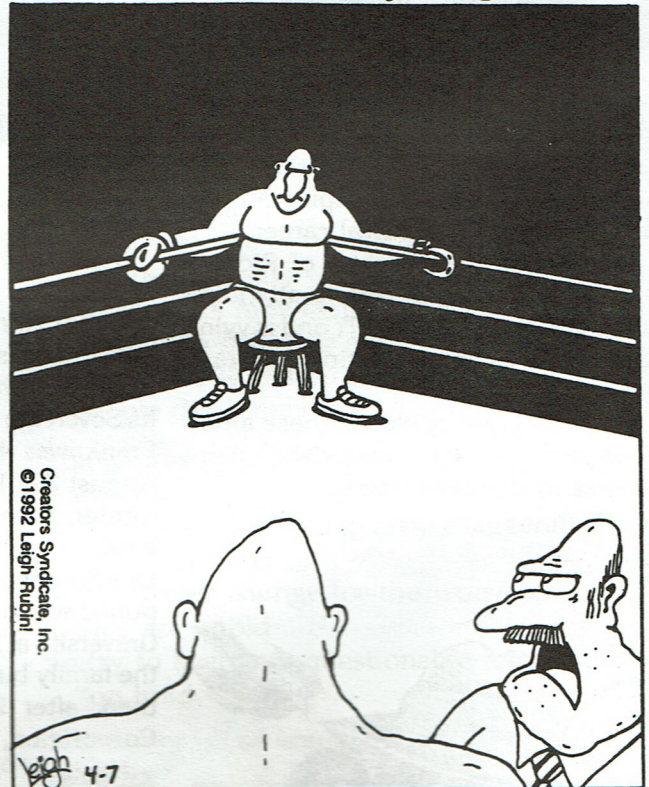
*"It's virtually impossible to put your best foot forward when it's in your mouth."*

—Frank Walsh in QUOTE



Rubes®

By Leigh Rubin



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4-7

"Remember, kid, stay calm and always keep your guard up ... this guy's got a mean left hook."

A young lady came before the traffic court judge to answer the charge of running a red light. She explained that she was a teacher and asked that the judge take care of her case quickly so she could get back to her class.

"Well, well," the honorable judge mused. "So you're a school teacher? I've been waiting for years to get a teacher in my court. You sit right down at that table and write, 'I will not run a red light again,' 500 times."

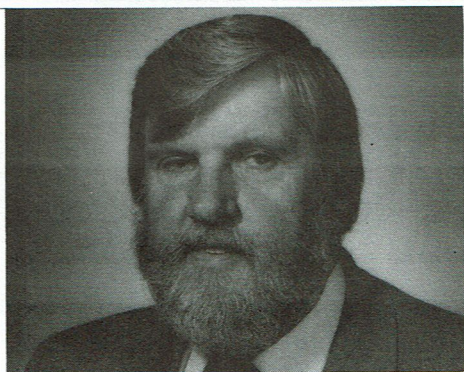
## Good Reading

Learn to laugh. A good laugh is better than medicine.

Learn the art of saying kind and encouraging things. Learn to greet your friends with a smile. They carry too many frowns in their own hearts to be bothered with any of yours.

—LaRayne Schanz in FAR-MOR CENTS





## Best Wishes for a Successful Year as Most Wise Master – Frederick J. Parker

At our annual meeting in May the members in attendance saw fit to elect as its Most Wise Master, Frederick J Parker, 32°. Fred will preside over the Albany Sovereign Chapter of Rose Croix for the ensuing year. Brother Parker was born in Buffalo NY on December 25, 1928. He attended the Buffalo public schools and graduated from the University of Buffalo with a BS degree in accounting. He previously spent two years in the Army. Brother Parker graduated from Rensselaer Polytechnic Institute in June 83 with an MBA degree and then took doctorate level courses in the following year.

Fred held several accounting positions before being appointed Director of the Bureau of Audit and Investigation with the New York State Department of Health from 1971 to 1983. He was then appointed Upstate Coordinator of Comprehensive Claims for the Department of Social Services from 1983 until April 1988 when he was selected as Special Assistant to the Director with the Office of General Services, Office of Minority and Women Business Enterprises in Albany.

Fred is a licensed Public Accountant; licensed Nursing Home Administrator; licensed pilot; and a licensed amateur radio operator.

Brother Parker began his Masonic history when he was initiated into Zion Lodge No 514 in Orchard Park NY on November 4, 1950. He then joined the Scottish Rite in Buffalo in 1953 and Ismalia Shrine the same year. From 1953 to 1971 he played in the Ismalia Shrine Band. After moving to Albany,

Fred took out a dual membership with Wadsworth Lodge No 417 and is its present Master.

Fred has invited Dr Charles Semowich to make a presentation on antiques and works of art on Thursday, November 5, 1992. A lasagna dinner will be served at 6:30 PM. The cost? Only \$25 per person, discounted 100%, which means it is FREE - NO CHARGE. Be good enough to call Fred (459-5669) for reservations. This program is open to the ladies and friends, so, in addition to bringing your best gal why not invite a friend or two?

**Recipe for a great after-dinner speech: Forget the other ingredients, just add plenty of shortening!**

## Laughter Is A Tranquilizer Without Side Effects

Some of the funniest editing errors that we've seen lately:

- The halfback was tickled in the end zone.
- The yacht will be anchoring in a deep harbor where Lord Nelson once kept his feet.
- The area in which Miss Garson was injured is spectacularly scenic.
- The subject of Sunday's sermon will be: "Change Your Wife Through Prayer."
- Both high school bands will be present to dispense with fine music.
- Wedding Wows Renewed.

\* \* \*

It seems a little ridiculous now, but this country was originally founded as a protest against taxation.

America is still the land of opportunity. An immigrant came here broke 11 years ago. Today he owes \$181,000.

\* \* \*

All you have to do to be successful is to follow the advice you give to others.

\* \* \*

Don't be discouraged. Nobody is perfect.

\* \* \*

The business traveler was describing the Concorde flight from London to New York that had taken only about three hours.

"For that much money," the listener said, "they should have let you ride a little longer."

Courtesy of LIFE LINE, Puritan-Bennett Corporation, Overland Park, Kansas. Caye Crosswhite, Editor.



# Congratulations



## Jim & Al Our Newest Red Hats

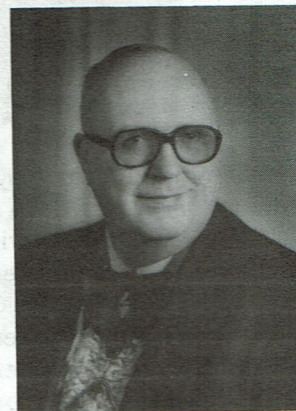
The "Rite Light" takes pleasure in announcing the recent recipients of the MERITORIOUS SERVICE AWARD.

At ceremonies held at Lake Placid this past June 14, the prestigious Meritorious Service Award (Red Hat) was presented to James L Fuller, 32° (Valley of Albany) and to Alexander R Grone, 32° (Valley of Troy)

A Testimonial Dinner for Jim Fuller was held at the Albany Masonic Temple on Wednesday, September 2nd.

Al Grone's Testimonial Dinner is to be held on September 11 at the Troy Masonic Temple. Contact Staff Willis (237-1516) for reservations.

A brief background of the two honorees follows:



### Alexander Robert Grone, Valley of Troy & Albany

Brother Grone is a Condensed Matter Physicist, married for thirteen years, and he and his wife have five children. He was Master of his Symbolic Lodge, Most Wise Master in Scottish Rite, Past High Priest of Royal Arch Chapter, Past Illustrious Master, Council, Past Commander, Commandery, Present Governor of Albany York Rite College, Past District Deputy Grand Master, Cryptic Masons, member and lecturer of Trinity Priory #5, K.Y.C.H. and Grand Representative of the Grand Royal Arch Chapter of the State of Rhode Island and Providence Plantations. He is a Marine Corps veteran who enjoys rifle and pistol shooting, backpacking, fishing and hunting.

### James Louis Fuller, Valley of Albany

Brother Fuller is married, and he and his wife have four children. He is a past Master of Wadsworth Lodge #417, a past President of its Fellowcraft Club, past Grand Representative of the Grand Lodge of Arkansas, past Thrice Potent Master of Scottish Rite, a clown in the Shrine and a member of Capital District Masonic Association. Jim is active in his United Methodist Church and the Ft. Hunter Volunteer Fire Co. He is Patron of Ella Nicholson-Ft. Orange #429, OES, and is a retired Relay tester of Niagara Mohawk of 35 years.

**Your Blue Envelope Gift Supports  
Our Three Supreme Council Charities**



Scottish Rite Schizophrenia Research Program



Scottish Rite Masonic Museum of Our National Heritage



Scottish Rite Scholarships





## Comments From the Commander-In-Chief

Dear Sublime Princes:

A year ago enthusiasm prevailed, goals were set, plans were made to implement those goals and we were off to what we expected to be a great year. 1991-92 was a great year for the Valley of Albany, but all we had hoped to accomplish did not happen. This is not really unexpected but we had hoped we would move a little faster in implementing these goals and plans.

On behalf of the 1991-92 presiding officers, I extend a very sincere "thank you" to each of you who participated in any of the activities of the Valley last year. During the year three Reunions were held and as a result we have 66 new members. Fifteen other candidates from other Valleys also received the degrees at the two Albany Reunions. We are very proud of the number of new members we are able to obtain each year, especially since we do not have a formal membership program.

Last year we had a variety of programs for the scheduled meetings of the four Bodies, and about half of the meetings started with dinner. Our goal was to provide the opportunity for more fellowship and also to make it possible for all to get home at an earlier hour (since dinner was before the meeting, we had no refreshments after the meeting). Many of our meetings were also opened to our Ladies and others. We also suggested to the Ladies that they might want to form a Ladies Group. They decided that that was not for them. They enjoy coming to our dinners and open meetings and several have helped with the dinners (at both meetings and Reunions) but they have no interest in forming a Ladies Group even on a very informal basis. It seems like we are beginning to see a little more interest by

some additional members, but it is very hard to determine if it is because of the dinners, open meetings, programs, or just verbal encouragement. Perhaps it is a combination of all of these. In any event we plan to continue with these kinds of meetings and programs during the 1991-93 year.

As I look back and reflect on the past several years, I conclude that our number one "problem" is the need to create an interest and commitment to Scottish Rite by more of the membership. It is obvious that we are not doing all that we can or what needs to be done. It has been very difficult to obtain officers, to get members to participate in the degrees, to get members to help out with the dinners at our Reunions, or to get members to volunteer or be willing to help out in general. Yes, we have those few who are always willing to help, but they are getting (or are) "burned out". Yes, we have made some progress this past year, but it is a very slow process to build "interest and commitment" in the members — and members are needed to implement the various plans and make the activities of the Valley worthwhile.

As we start the 1992-93 year I again say "thanks" for the opportunity to serve a second year as your Commander-in-Chief. I am thankful for the privilege to serve the Valley of Albany in this capacity and pledge to do my best to live up to your expectations.

During 1992-93 we plan to: (1) continue working on Long Range Planning, (2) complete the revision of the Bylaws (making one set of Bylaws for all four Bodies rather than separate Bylaws for each Body), (3) develop and implement a program of membership promotion, and (4) develop and implement written guidelines for officers.

By now each of you should have received a copy of the Program for the year. You will note that there has been a change in the schedule of meetings. Each Body will meet on a first Thursday for its regular meetings and for the Annual meeting. Joint meetings for balloting on candidates will be on a second Thursday. Each of you are encouraged to attend as many of these meetings as you can.

The first meeting of the Consistory will be on December 3rd at 8:00 pm. The program following the meeting (at about 8:30) will be "Pilgrimage to the Holy Land" when Rev. Walter Collins will show

slides and speak to us about his recent trip. At our April 1st meeting the program will be slides etc of the "Oberammergau Passion Play".

Our Valleys of Albany and Troy were each honored at the Council of Deliberation in Lake Placid (in June) when Alfred Krueger and Lewis Slocum were selected to receive the Meritorious Service Award next year at the Council meeting in Binghamton. We all appreciate the support they give to our Valleys and extend our congratulations to them.

As those of you who participate in the degrees know, many of our costumes are in dire need of repair. This is being worked on - but some of the costumes cannot be repaired and need to be replaced and the cost of doing so is not cheap. We need your financial help - please make a contribution to our "Costume Replacement Fund" by sending your check to our secretary.

Princes, your suggestions are always welcome and I assure you they will be seriously considered. I urge you to let us know what is on your mind regarding the various activities of the Valley, eg. Family Life Week, Ladies Night, Reunions, membership promotion and retention, programs, etc. Frankly, it is kind of frustrating and discouraging that we do not hear from you. How can your Presiding officers plan programs for you if you don't let us know what your interests are? Please give me a call at 439-3931 or send me a note at 41 Hawthorne Avenue, Delmar, NY 12054 and share your ideas with me regarding these and any other suggestions (or questions) you may have.

We still need help with the Reunion Dinners. Please call Rusty LaGrange at 438-7128 or me at 439-3831 and volunteer to help with the dinner at our next Reunion on October 17th - that is help in the kitchen, or help serve or help clean-up. Princes, we save dollars by having volunteers do these Reunion dinners. If we do not have members volunteer to help, we will have to pay some group to do these dinners for us. We have been trying to cut our expenses in the Valley and will continue to do so. You can help us cut expenses by helping with these dinners.

**Remember - YOU MAKE IT HAPPEN WHEN YOU SUPPORT YOUR VALLEY ACTIVITIES.**

Alan C. Lewis, C-I-C

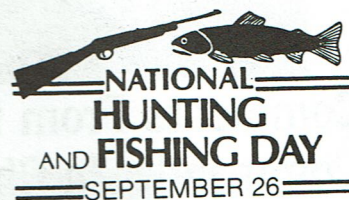


## WHAT'S SO SPECIAL ABOUT

## S·E·P·T·E·M·B·E·R·?

## September Observances:

National Honey Month  
 National Piano Month  
 National Cholesterol Education and  
 Awareness Month  
 National Rice Month  
 Library Card Sign-Up Month



SEPTEMBER was named for the Latin word *septem*, meaning seven. It became the ninth month—instead of the seventh—when Julius Caesar began his calendar year with January instead of March.

■ **Birthday Sampler for September:** Businessman and former Olympic Committee Chairman Peter Ueberroth (Evansville, IL, September 2, 1937)... Senator Bob Packwood (R, Oregon) (Portland, OR, September 11, 1932)... Actress Claudette Colbert (Paris, France, September 13, 1905)... "Miss Manners," author, journalist Judith Martin (Washington, DC, September 13, 1938)... Feminist Kate Millett (St. Paul, MN, September 14, 1934)... Dodgers Manager Tommy Lasorda (Norristown, PA, September 22, 1927).

■ **Birthday Hall of Famer:** Country and western singer Hank Williams, Sr. (Born Georgia, AL, September 17, 1923. Died Oak Hill, VA, January 1, 1953. His string of hits included "Your Cheatin' Heart" and "Honky Tonk Blues.")

■ **Anniversary of the Return of St. Petersburg:** September 6, 1991. Russian legislators voted to restore the city of Leningrad to its historic designation as St. Petersburg. Founded in 1703 by Peter the Great, Russia's most distinctive and magical city bore the name of communist leader Vladimir Lenin for 67 years.

■ **Mayflower Day: September 16, 1620.** This marks the anniversary of the departure of the Mayflower from Plymouth, England, with 102 passengers and a small crew. She reached Provincetown, Massachusetts, on November 21, and disembarked her complement of pilgrims at Plymouth, Massachusetts, more than a month later—on December 26.

■ **Baby Safety Month: September 1992.** The U.S. Consumer Product Safety Commission and the Juvenile Products Manufacturers Association, Inc. join forces to inform parents, grandparents, and other child caregivers about baby safety. Their goal is to reduce (from 1.5 million annually) the number of children five years old or younger who are treated in emergency rooms for product-related injuries. For free copies of JPMA's "Be Sure It's Safe for Your Baby" brochure, send a self-addressed, stamped envelope to JPMA, P.O. Box 955, Maltron, NJ 08053.

■ **Banned Books Week: September 26 to October 3, 1992.** Banned Books Week, "Celebrating the Freedom to Read," reminds us of how valuable the freedom to read is—both to our society and to individuals—and how limiting and harmful censorship can be. This occasion is sponsored by the American Library Association, American Society of Journalists and Authors, and others.

*Grandparents Are Truly Grand!*  
**N·A·T·I·O·N·A·L**  
**Grandparents Day** SEPT. 13

**WORLD GRATITUDE DAY**  
 September 21

**ANCESTOR APPRECIATION DAY**  
 September 27

**NATIONAL GOOD NEIGHBOR DAY**  
 September 27



**Rosh Hashanah** (JEWISH NEW YEAR)  
 September 28



# Ancient Accepted Scottish Rite

NORTHERN MASONIC JURISDICTION, U.S.A.  
VALLEY OF ALBANY, N.Y.

MASONIC TEMPLE, 67 CORNING PLACE, ALBANY, N.Y. 12207

## PETITION FOR DEGREES / AFFILIATION (Cross Out One)

To the Officers and Members of

INEFFABLE AND SUBLIME GRAND LODGE OF PERFECTION 14°  
GRAND COUNCIL PRINCES OF JERUSALEM 16°  
ALBANY SOVEREIGN CHAPTER OF ROSE CROIX 18°  
ALBANY SOVEREIGN CONSISTORY S. P. R. S. 32°

I, \_\_\_\_\_, the undersigned hereof, respectfully show that I am desirous of being admitted as a member of your honorable body, and request that I may be received among you, and I will ever pray for the prosperity and glory of the Fraternity and the welfare of the Brethren.

In making this application, I promise on my word of honor that, should I be elected and become a member of your honorable body, I will bear true faith, allegiance and fealty to the Supreme Council of Sovereign Grand Inspectors General of the Thirty-third and last Degree, of the Ancient Body is now holden, and will support and abide by its Constitutions, Orders and Decrees; that I will hold allegiance and be loyal to the said Supreme Council as the Supreme Power of the said Rite within the Northern Masonic Jurisdiction of the United States; that I will hold as illegal and spurious every other Body of whatever degree claiming to be of the said Rite, that may be established within its Jurisdiction, that is not holden mediately or immediately under its authority and will hold communication whatever in Scottish Rite Freemasonry with any member of the same, nor allow him to visit any body of the said Rite and which I may be a member; and should I violate any part of this promise I consent to be expelled from Scottish Rite Freemasonry and to forfeit all my rights therein, and in any Body of the Rite, and be denounced to every body thereof in the world as a traitor and forsworn. "And may God aid me to keep and perform the same. Amen."

Name in Full (Print) \_\_\_\_\_  
First Name Middle Name Last Name (NO INITIALS)

Date of Birth \_\_\_\_\_  
Month Day Year

Place of Birth \_\_\_\_\_  
Town State or County

Residence \_\_\_\_\_  
Street and Number City Zip Code

Your Mailing Address (If different than Residence) \_\_\_\_\_  
Street Number City Zone No.

Have resided in above place since \_\_\_\_\_

Have resided in New York State since \_\_\_\_\_

Occupation \_\_\_\_\_

Business Address (or Employer) \_\_\_\_\_

Telephone No. \_\_\_\_\_  
(Home) (Work)

Were you ever a member of the Order of DeMolay? \_\_\_\_\_

I have \_\_\_\_\_ before petitioned for the degrees of the Rite; and was \_\_\_\_\_

I am a member of \_\_\_\_\_ Lodge, No. \_\_\_\_\_ Located at \_\_\_\_\_

I am a member of \_\_\_\_\_ Lodge of Perfection \_\_\_\_\_ Council, P. of J.

\_\_\_\_\_ Chapter of Rose Croix \_\_\_\_\_ Consistory; located at \_\_\_\_\_

Date \_\_\_\_\_ Candidate's Signature \_\_\_\_\_

Recommended By \_\_\_\_\_ Signature \_\_\_\_\_  
(Please Print)

	Lodge	Council	Chapter	Consistory	Total
* Initiation	\$35.00	\$25.00	\$25.00	\$50.00	\$135.00
Dues	\$ 9.00	\$ 4.00	\$ 5.00	\$ 9.00	\$ 27.00
Assessment	\$ 4.00				\$ 4.00

NOTE: Rules and Regulations— Article 1. Section 20. An accepted petitioner must be present himself for the degrees within one year of his election, or the election shall lapse, unless the time is extended by unanimous vote of the body by ballot. Each extension by vote shall be for one year.

\* At least \$50.00 must accompany petition.



# Test Your Vitamin (and Mineral) IQ

"You are what you eat!" If you are the sum of all the vitamins and minerals you pack into your body, how wise are you when it comes to making food choices? How much do you know about the nutritional value of food and its ability to treat, heal or prevent a variety of ailments? Delve into your vitamin and mineral information base and learn a few ABCs of good health in the process.



1. What mineral, best known for building strong bones and healthy teeth, keeps the heart beating? Salt impedes its absorption.

2. Name the form of Vitamin A found in orange and yellow fruits and green leafy vegetables:

3. Potatoes are full of which mineral? For best results when cooking, bake or steam spuds whole, because boiling robs their nutrition.

4. This busy B vitamin helps the body fight infection, build muscles, make blood, and more:

5. Rubbing this vitamin into the skin may prevent stretch marks and scars:

6. What mineral helps heal torn muscles, repair damaged body cells, and is essential for the immune system?

7. Kale, shrimp, broccoli, and canned salmon are alternate sources of what nutrient?

8. What vitamin is vital to good vision, although it doesn't make hair curly as some mothers used to claim?

9. What vitamin helps the body heal bleeding gums, ward off colds, and prolong life?

10. A deficiency of this B vitamin, which builds red blood cells, can cause anemia:

## IQ ANSWERS

1. calcium 2. beta-carotene 3. potassium 4. Vitamin B-6 5. Vitamin E 6. zinc 7. calcium 8. Vitamin A 9. Vitamin C 10. folic acid

*"Life would be happier if we were born at the age of 80 and gradually approached 18."*

—Mark Twain



## Supreme Council Meeting

The city of Chicago will be the scene of the conferral of the Thirty-third Degree upon 147 Scottish Rite Masons as the Supreme Council for the Northern Jurisdiction holds its Annual Meeting there between September 25-30.

The Supreme Council is returning to Chicago for its 1992 yearly meeting for the first time since a similar session in 1979. It is expected that some 1,200 Thirty-third Degree Masons and their ladies will be on hand to participate in the 180th Annual Meeting of the Northern Supreme Council.

Presiding over the Executive and General Sessions will be Sovereign Grand Commander Francis G. Paul of Vestal, New York. He will be assisted in the Chicago Sessions by Grand Lieutenant Commander Alfred E. Rice of Cincinnati, Ohio and Grand Minister of State John W. McNaughton of Fort Wayne, Indiana. Illinois Scottish Rite Deputy, Robert L. Giesel, of suburban Itasca heads a sizable group of Chicago area Scottish Rite Masons who are assisting preparations for the large Masonic gathering through important committee assignments.

September 25 and 26 will be devoted to executive business sessions attended by the principal officers and Active Members of the Supreme Council, and this governing body will hold its annual dinner at the Chicago Hilton and Towers Hotel on Saturday evening, September 26. Large-scale functions open on Sunday afternoon, September 27, when the Hilton's International Ballroom will be the scene of the traditional Supreme Council Vesper Service. Reverend Thomas W. O'Connor, recent Pastor of the United Church of Christ at Greenville, Pennsylvania, and a nominee for the Thirty-third Degree, will deliver the Vesper Sermon. He will be assisted in the colorful proceedings by Grand Commander Paul; by the Reverend Kenneth V. Kettlewell, Pastor of Westminster Presbyterian Church, New Concord, Ohio, and Grand Prior of the Supreme Council; and by Reverend Joseph T. Ledwell, Pastor of the First Presbyterian Church of Homewood, Illinois. On Sunday noon, prior to the afternoon Vesper event, introductory

**"To labor is to perform  
the business of life."**

luncheons honoring the Thirty-third Degree candidates and their ladies will take place at the Hilton Hotel.

The Sovereign Grand Commander will also preside over the General Sessions of the Supreme Council which will open on Monday morning, September 28, in the Blackstone Theatre, and continuing there on Tuesday, September 29, and closing on Wednesday forenoon, September 30, with a final session in the Hilton Hotel which is serving as convention headquarters.

In the course of the Supreme Council general meetings, representatives of other Masonic organizations in the United States and abroad will be welcomed officially and will join Council members for reports and discussion periods on many aspects of Scottish Rite activities.

On Monday evening, there will be an entertainment program featuring Franz Benteler and his Living Strings for the expected 2,300 visitors in the International Ballroom of the Chicago Hilton and Towers Hotel.

The highlight of the Session will be on Tuesday evening when the Thirty-third Degree will be conferred in the Blackstone Theatre. The 147 nominees who have been selected from the overall Scottish Rite membership in the fifteen northeastern and midwestern states comprising the 400,000-member Northern Jurisdiction. The Thirty-third Degree is awarded for outstanding achievement in the Fraternity or for significant contributions to others, reflecting credit on Freemasonry.

A number of other events have been planned including seminars on pertinent Scottish Rite topics sponsored by the Supreme Council as well as numerous social functions throughout the week under the auspices of the fifteen participating states and the more than 100 Valleys across the Northern Jurisdiction.

The 1992 meeting will conclude on Wednesday noon, September 30, with the final session in the Grand Ballroom of the Hilton and with the announcement of the names of those chosen to receive the Thirty-third Degree at Boston in 1993.

"Too much of a good thing is wonderful."

— Mae West

"If it's true that you learn from adversity, then I must be the smartest S.O.B. in the world."

— Baseball Manager Gene Mauch

It isn't what you know that counts; it's what you think of — in time.

"After all is said and done ... there are some things only intellectuals are crazy enough to believe."

— George Orwell

"I have my faults. But being wrong ain't one of them."

— Jimmy Hoffa

The candidate had been talking on and on for about an hour. Finally, he said, "Now are there any questions?" "Yes," came a voice from the rear, "who else is running?"

To my staff ...

I'm concerned about the rising tide of mediocrity. Your task is to make sure it doesn't flow into this office.

— The Boss

The sign on Ted Turner's desk: "Either lead, follow or get out of the way!"

Nothing in the world arouses more false hopes than the first few hours of a diet.

"Experience is what enables you to recognize a mistake when you make it again."

— Earl Wilson

If at first you do succeed, don't take any more stupid chances.

Maier's Law: If facts do not conform to the theory, they must be disposed of.

He who never walks except where he sees other men's tracks will make no discoveries.

I've stayed in more hotel rooms than the Gideon bible.





Ancient Accepted Scottish Rite, N.M.J., U.S.A.

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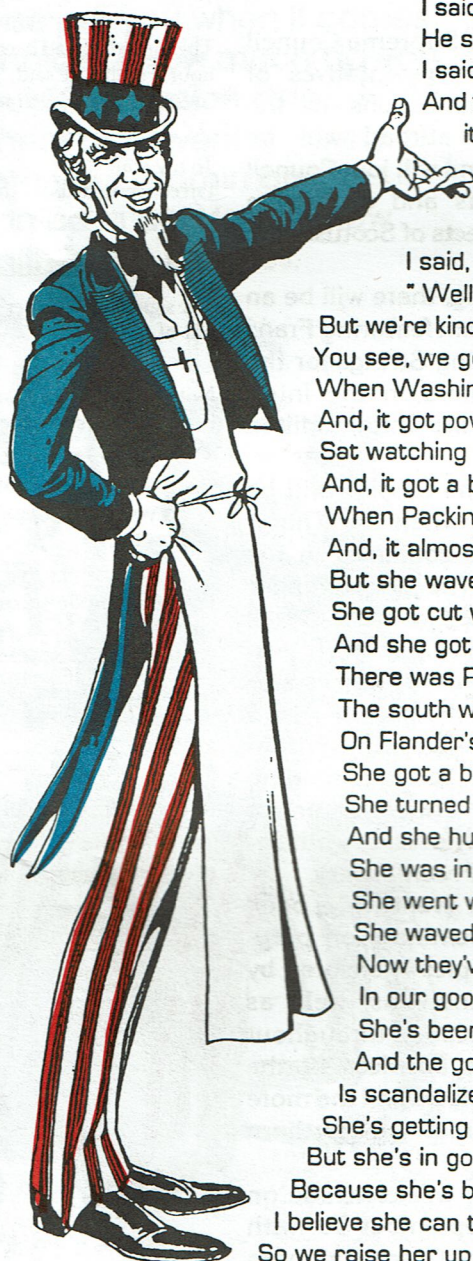
RICHARD BARRELL SECRETARY

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## THAT RAGGED OLD FLAG

I walked through a County Court House square



On a park bench an old man was sitting there.

I said, : Your old Court House is kinda run down."

He said, "No, it will do for our little town."

I said, "Your old flag pole is leaning a little bit.

And that's a ragged old Flag you've got hanging on it."

He said, "Have a seat." and I sat down.

"Is this the first time you've been to our little town?"

I said, "I think it is."

" Well," He said, "I don't like to brag,

But we're kinda proud of that ragged old Flag.

You see, we got a little hole in that Flag there,

When Washington took it across the Delaware.

And, it got powder burns, the night Francis Scott Key

Sat watching it, writing Oh, Say Can You See,

And, it got a bad rip at New Orleans

When Packingham and Jackson took it on the scene.

And, it almost fell at the Alamo beside the Texas Flag,

But she waved through,

She got cut with a sword at Chancellorsville,

And she got cut at Shiloh Hill.

There was Robert E. Lee, Beauregard, and Bragg,

The south wind blew hard on that ragged old Flag.

On Flander's Field in World War One

She got a big hole from a Bertha gun.

She turned blood red in World War Two.

And she hung limp and low a time or two.

She was in Korea and Vietnam,

She went where she was sent by her Uncle Sam.

She waved from our ships on the briny foam,

Now they've about quit waving her back here at home.

In our good land here she's been abused,

She's been burned, dishonored, denied, refused.

And the government for which she stands

Is scandalized throughout the land.

She's getting threadbare and she's wearing thin,

But she's in good shape for the shape she's in.

Because she's been through the fire before

I believe she can take a whole lot more.

So we raise her up every morning, and take her down night,

We don't let her touch the ground, and we fold her up right.

On second thought, I do like to brag,

Because I'm mighty proud of that Ragged Old Flag."